## What is claimed is:

- 1. A method of forming a resist pattern comprising steps of:
- forming a resin layer, which includes a benzophenone compound, on a substrate surface;

forming a photoresist layer on a surface of the resin layer;

forming a latent image by irradiating the photoresist layer with an exposure beam with a wavelength of 100nm to 300nm inclusive; and

forming a resist pattern with recessed and protruding parts in the photoresist layer by developing the photoresist layer in which the latent image has

15 been formed.

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- A method of forming a resist pattern according to Claim 1, wherein the resin layer is formed with a thickness of 100nm to 200nm inclusive and the
  photoresist layer is formed with a thickness of 120nm to 200nm inclusive.
- 3. A method of forming a resist pattern according to Claim 2, wherein the photoresist layer is formed with a thickness of 160nm to 200nm inclusive.
  - 4. A resist pattern forming apparatus, comprising: a resin layer forming device that forms a resin layer including a benzophenone compound on a substrate surface;

a photoresist layer forming device that forms a photoresist layer on a surface of the resin layer; an exposure device that forms a latent image by

irradiating the photoresist layer with an exposure beam with a wavelength of 100nm to 300nm inclusive; and a developing device that forms a resist pattern with recessed and protruding parts in the photoresist layer by developing the photoresist layer in which the latent image has been formed.